

JUMPSTART SUNDAYS!

Join us for coffee at 8:45 a.m. in the Meeting House

9:00 a.m.

FEBRUARY 7 - FEBRUARY 28, CONTEMPORARY REFORMED THOUGHT

A series of talks on prominent Reformed thinkers today, such as John de Gruchy (South Africa: Calvinism & apartheid), Marilynne Robinson ("progressive" Calvinism), William Placher (the "vulnerable" God) and others. *Bruce Douglass, Guest Lecturer*

MAY 1-29, OWN "BELIEF" VIDEO SERIES

CURRENT ISSUES, SESSION ROOM

This class explores worldwide issues that impact our lives, call upon the resources of our faith, and invite us into dialogue on challenges we face as followers of Jesus in an imperfect world. Join us as social, spiritual & political topics are discussed.

11:20 a.m.

Throughout the year, we offer forums to hear a speaker, explore an issue or become more familiar with a significant church program. This includes the *Real World, Real Faith* series, in which a member of Immanuel shares how their faith impacts their life and work on a daily basis.

February 21—Pew Research Profiles: "POPULATION GROWTH PROJECTIONS FOR WORLD RELIGIONS" & "AMERICA'S CHANGING RELIGIOUS LANDSCAPE" with guest speaker, *Greg Smith* from Pew Research (see reverse for further details)

April 3—"THE PLIGHT OF CHRISTIANS IN THE MIDDLE EAST" with guest speaker, *Amgad Beblawi* from Presbyterian World Mission (see reverse for further details)

April 10—HEALTHCARE NAVIGATION Join us to discuss ways we can help those in our congregation with issues such as identifying available community resources, finding appropriate caregivers and advising with insurance issues. For more information, please contact Pat Velander at phvelander@ft.newyorklife.com.

April 24—REAL WORLD, REAL FAITH with Sue Curry, Linda Wenri, and Ann Winston

May 15—REAL WORLD, REAL FAITH with Billy Kluttz

4:15 p.m.

February 14—March 20, Selections from Making Sense of the Bible, Small Group Discussion. See reverse for further details. *Susan Graceson, Facilitator*

6:45 p.m.

April 3—May 1, The Love Series: 1 John 4:7 reminds us to, "love one another, for love is from God, and whoever loves has been born of God." But what does that look like today? Join us for a multi-week discussion of what love looks like in public. Each week can stand alone, so choose the weeks that speak most to you.

April 3: **LOVE OF EARTH**, Nate Buchanan & Dick Curry, Facilitators

April 10: **LOVE LANGUAGES**, Kim Pacala & Cherie Kitchell, Facilitators

April 17: **LOVE OF SELF**, Sue Johnston, Facilitator

April 24: **LOVE OF PARENT**, Christine Bitzer, Asst. Director, Seabury Care Management

May 1: **LOVE OF COUNTRY**, Pastor Aaron, Facilitator

MIDWEEK SPIRITUAL GROWTH OFFERINGS

These small group spiritual growth opportunities occur weekly and welcome new participants any time during the year.

LENTEN SMALL GROUPS will be discussing selections from the book, *Making Sense of the Bible* by Adam Hamilton. Sign up to be a leader or to participate in a group. Begins the week of February 14. See reverse for further information.

FAITH MATTERS Mondays, 1:30pm, Room 205

The purpose of the group is to learn, grow, and deepen our faith through study and discussion of books selected by the group. During the course of a year we will read a book of the Bible as well as books selected for all church small group reading. Newcomers are always welcome!

MEDITATION TO RELIEVE STRESS & PROMOTE WELL-BEING

Mondays, 10:00am, Fellowship Hall. Contact Facilitator Sue Johnston for details.

MEN'S BIBLE STUDY Tuesdays, 7:30-8:45am, Assembly Hall

Topics range from Biblical studies, to theological issues, to reading & discussing books related to faith & spiritual practices. Join us as we study the Book of Isaiah.

JOSEPH CAMPBELL STUDY Tuesdays, 9:45am, Room 204

Join us as we study and discuss The Great Course, *Confucius, Buddha, Jesus and Mohammed*, presented by Professor Mark Meusse from Rhodes College.

READ, THINK, QUESTION Last Tuesday of Each Month, 1:00pm, Session Room

Interested in reading and discussing books with a theological, spiritual and/or religious theme? Then join our curious band!

February 23—THE Righteous Mind, Jon Haidt **March 29—Mere Christianity**, C.S. Lewis

GRACE YOGA Tuesdays, 10:30am, Fellowship Hall, \$15 per class

For beginners as well as for those with some yoga experience. Newcomers always welcome! *Kathy Bagden, Instructor*

SPIRITUAL HEALING MEDITATION Tuesdays, 7:15pm, Fellowship Hall

\$15 per class. Come and experience a weekly reading of Lyndall Demere's powerful meditations in a small group setting with people who are interested in spiritual exploration. *Sue Johnston, Facilitator*

WOMEN OF SPIRIT Wednesdays, 7:30am, Room 202

This group meets weekly with Pastor Aaron for spirited discussion. We will be discussing selections from *Making Sense of the Bible* by Adam Hamilton.

LECTIONARY STUDY GROUP Thursdays, 9:45am, Room 205

This group meets weekly with Pastor Aaron to explore the Biblical texts he plans to base his sermons upon for upcoming Sunday worship services.

GET FIT & BE STRONG: IPC Women's Fitness Group Thursdays, 10:30am, off-site

Contact trainer Ellen Yates at ellen@N2Shape.com.

IMMANUEL BOOK GROUP Monthly, 11:45am, Room 205

This group meets for a brown bag lunch and book discussion led by one of the participants. Newcomers welcome!

March 8—THE Nightingale, Kristen Hannah **April 12—The Secret Chord**, Geraldine Brooks



Own your story. Live with courage. Do hard things.

to get her

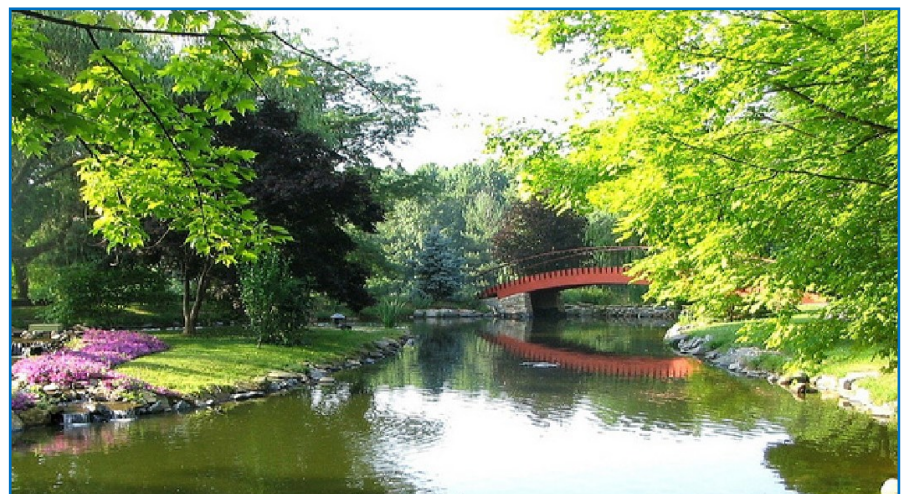
Glennon Doyle Melton, Brene Brown & Kelly Corrigan

Tuesday, October 4 at 7pm

at the EagleBank Arena (formerly the Patriot Center) at George Mason University

Tickets available through Immanuel, \$49 each.

Please contact janetyse@gmail.com now if you would like to reserve a seat!



REFLECT & REFRESH: A RETREAT FOR IMMANUEL WOMEN

Join us **May 20-21, 2016**, at Bon Secours, a beautiful and secluded retreat center in Marriottsville, MD. Come enjoy fellowship, meditation, scripture study, sharing, and more. More details still to come.

Cost will be \$150-165 per person, all inclusive (includes private room and all meals). Handicapped-equipped rooms are available. To make a reservation, contact Susan Graceson (SGraceson@ipcmclean.org, or 703/356-3042, x. 2207). For more information about Bon Secours, visit the website: RCCBonSecours.com.

Immanuel Presbyterian Church
1125 Savile Lane
McLean, VA 22101

Return services requested

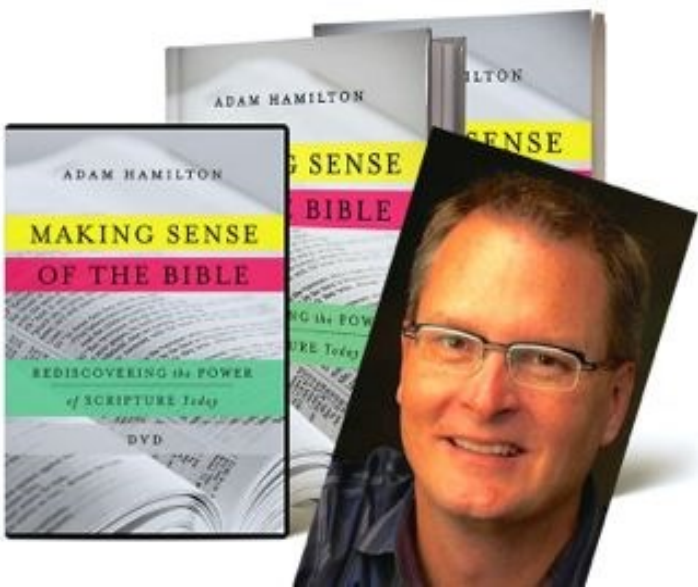
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Upcoming Winter/Spring 2016 Spiritual Growth Opportunities at IPC!

VISIT US ONLINE: WWW.IPCMCLEAN.ORG

Join a Lenten Small Group!

This Lent, we encourage you to join one of Immanuel's small groups as we gather to read and share selections from *Making Sense of the Bible* by Adam Hamilton. Sign up for your small group on the board in the Fellowship Hall or with Susan Graceson, sgraceson@ipcmclean.org.



Reading Schedule for Lenten Small Groups

Selection for the Week of:

February 14

Which Books Made it into the New Testament and Why

February 21

Is the Bible Inerrant and Infallible?

February 28

Science, the Bible, and the Creations Stories

March 6

God's Violence in the Old Testament

March 13

Suffering, Divine Providence, and the Bible

March 20

Homosexuality and the Bible

Books will be available for sale in the Fellowship Hall on February 7 & 14.

AMERICA'S CHANGING RELIGIOUS LANDSCAPE

On **Sunday, February 21** at **11:20am**, join us as **Greg Smith**, Associate Director of research on religion at the *Pew Research Center*, discusses new findings from a 35,000 person survey of Americans about their religious affiliations, their spiritual beliefs, and their worship practices.



Greg Smith

- What's happening to the membership in major Christian denominations and groups
- Why the "nones" - those saying they do not belong to any organized
- Who prays daily, attends religious services, and considers religion to be important in their lives
- How people's religious sensibilities connect to major political and public policy matters
- What's up with atheists and agnostics
- How Pew projects global religious populations to change by 2050, and more...

Please join us for this major tour of the religious landscape by one of the nation's foremost experts. Dr. Smith is an author of some of the Pew Research Center's most important religious studies. He got his PhD from the University of Virginia and authored *Politics in the Parish* in 2008. Pew Research does the most wide-ranging and extensive studies on the state of religion in the nation. *Don't miss this educational & compelling forum!*



THE PLIGHT OF CHRISTIANS IN THE MIDDLE EAST

Sunday, April 3

What is our responsibility to Middle Eastern Christian refugees?

"Christians have long been targeted by Muslim Groups-not only Islamic State or ISIS – for ethnic cleansing. Churches have been burned, priests arrested. In the worst cases, Christians have been tortured, raped and even crucified. Mosul, Iraq, which was home to a Christian population of 35,000 a decade ago, is now empty of Christians after an ISIS ultimatum that they either convert to Islam or be executed."

-Wall Street Journal, December 17, 2015

Join us in the **Sanctuary** on **April 3** at **11:20am** to hear the perspective of **Amgad Beblawi**, PCUSA, World Mission Coordinator to the Middle East. Born and raised in Egypt, **Mr. Beblawi** is now an American citizen and frequent traveler to the Middle East.

Jointly sponsored by the Spirituality & Learning and International Mission Committees.